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Media contact: Kalisa Hyman  
The Carter Malone Group  
(901) 278-0881  
[khyman@thecartermalonegroup.com](mailto:khyman@thecartermalonegroup.com)

## **The Community Health Initiative Launches Celebrity Chef's *Cookbook for Healthy Living***

(Sept. 6, 2007 — Nashville, Tenn.) Believing that healthy cooking can be made simple, the Community Health Initiative (CHI) is launching its first ever celebrity chef DVD, *The Cookbook for Healthy Living*, featuring David Owens, a celebrity chef, restaurateur and author.

“Healthy eating doesn’t have to be boring, or difficult,” said Readus C. Smith III, Director of Health for the COGIC Department of Health, which sponsors the Community Health Initiative. “Chef David teaches how to prepare gourmet food that’s good for you in a fun and simple way, so that everyone can take an active role in disease control and healthy living.”

The Community Health Initiative is the community outreach program of the Church Of God In Christ. The CHI is committed to improving its members’ quality of life by providing a valuable plan for purchasing prescriptions, over-the-counter medications, vitamins and supplements and other healthcare products. The CHI is dedicated to educating its members in all aspects of maintaining good health and a good quality of life with preventive measures.

Owens is chief proprietor of several cafés, including Chef David Owens Catering and Harambee House Dinner Club. During his distinct career, he has served as the personal chef for several noted celebrities and nationally renowned pastors. He has also worked as the national executive chef for several Church of God In Christ conventions and was the creator of YMCA Healthy Cooking Classes and a summer Kids Cooking Camp Class. Owens created the signature American Wraps, a fusion of Mexican and American cuisine, exclusively for Vanderbilt University.

Owens, noted by many as a master chef, has been featured and profiled in several publications including *The Tennessean*, *Tennessee Tribune*, *Nashville Scene*, and *Urban Journal*.

Chef David’s *Cookbook for Healthy Living* is available exclusively from the COGIC Department of Health. For a limited time, 10 bonus diabetic recipes are included free with the DVD order. Call the COGIC Department of Health toll-free at 1-877-599-8050 to order.

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